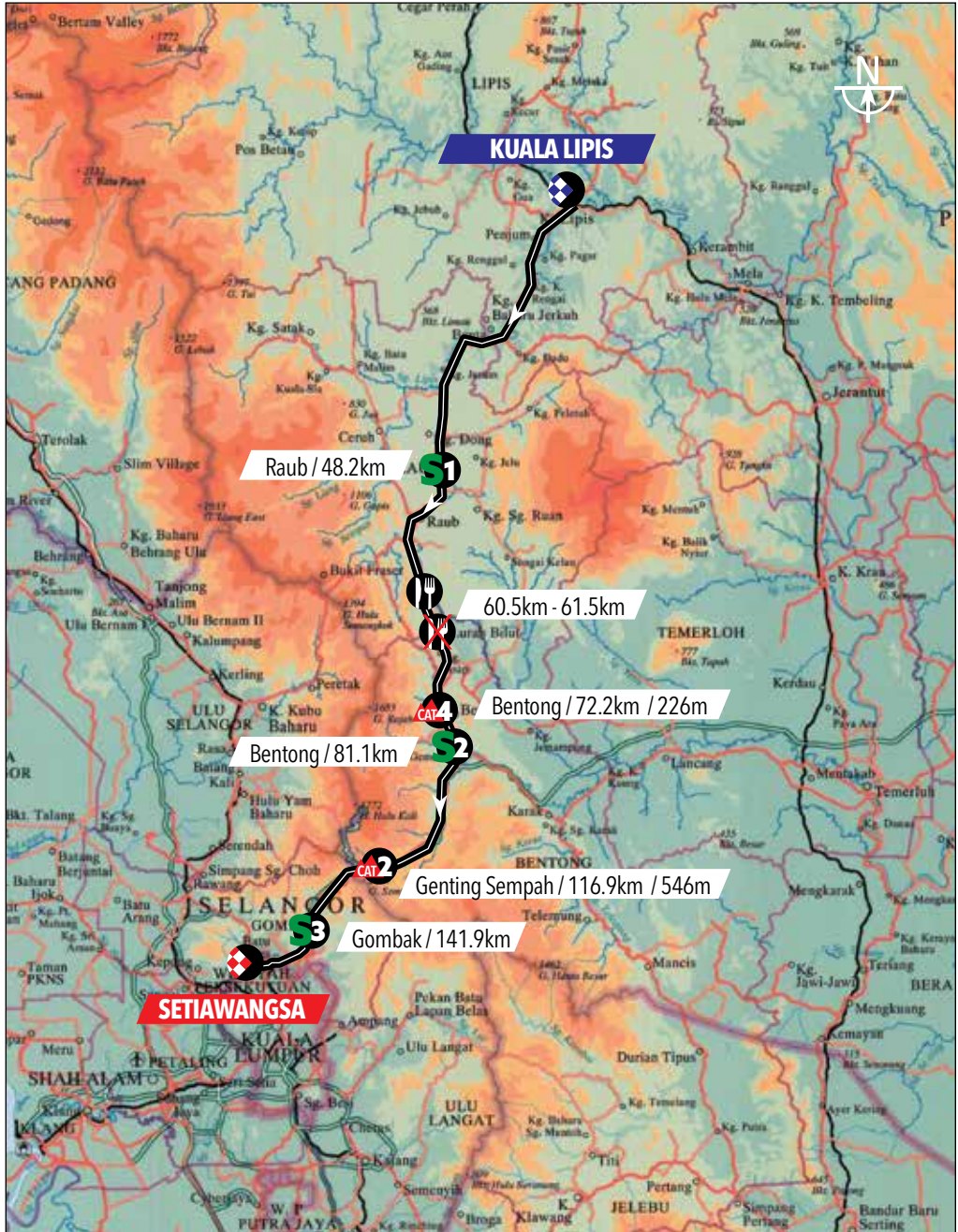


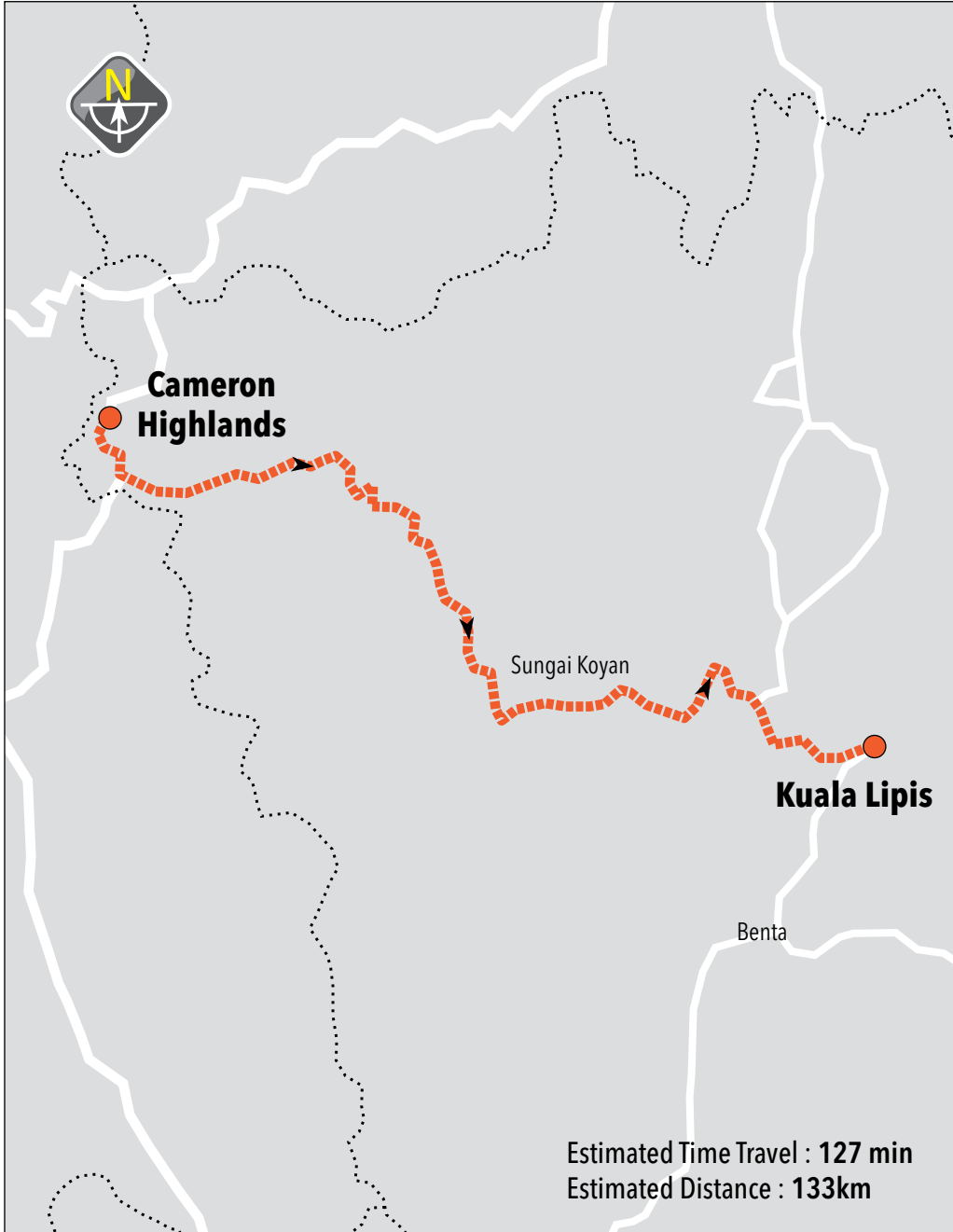
Saturday | 19 October 2019
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STAGE MAP



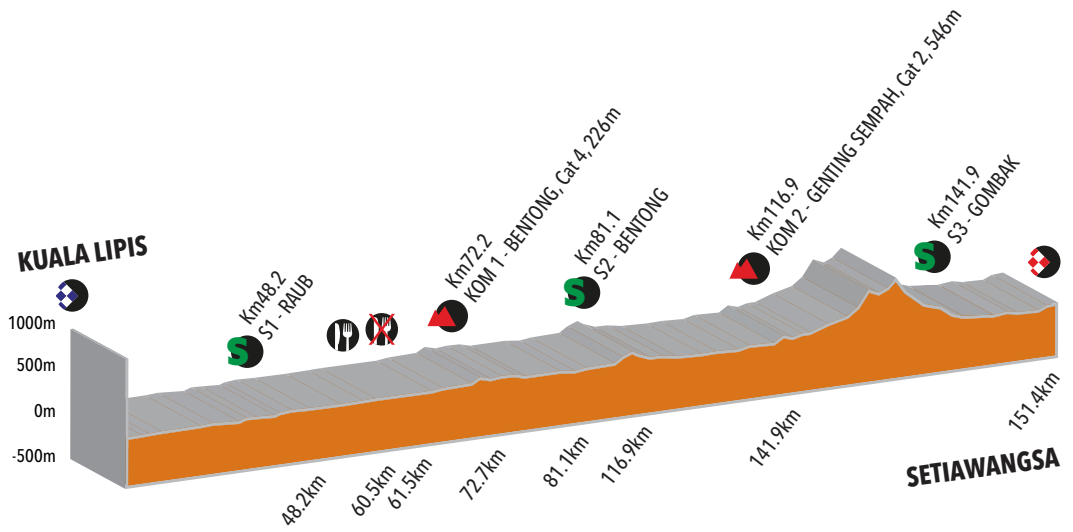
TRANSFER TO START MAP

Cameron Highlands
to Kuala Lipis

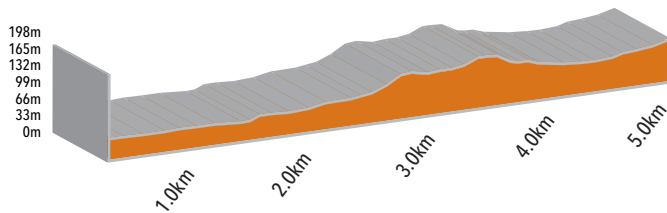


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PROFILE



5KM PROFILE



SCHEDULE

Start Location : Jalan Utama Keca, Dataran Lipis

Finish Location : Wangsa Walk Mall, Setiawangsa

Neutral Zone : 9.0km | **Start Time :** 11:00hrs | **ETA :** 14:49hrs

					ESTIMATED TIME OF ARRIVAL (km/hrs)		
KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	45	43	41
0.0	160.4	Start Gantry	N 04°10.852 E 102°03.227	Dataran Lipis, Jalan Utama Keca, Kuala Lipis, Pahang (Dewan Residen) on the right	11:00	11:00	11:00
0.1	160.3	Fork Junction	Keep Right	Dataran Sejarah Kuala Lipis on the left	11:00	11:00	11:00
0.2	160.2	Roundabout	3rd Exit	Ibu Pejabat Polis Daerah Lipis on the left	11:00	11:00	11:00
1.0	159.4	Sign	Straight On	Balai Bomba dan Penyelamat Lipis on the right	11:02	11:02	11:02
1.1	159.3	Junction	Straight On	On the right	11:02	11:02	11:02
1.3	159.1	Sign	Straight On	Petron Lipis on the left	11:03	11:03	11:03
1.8	158.6	Sign	Straight On	Petronas Kuala Lipis on the right	11:04	11:04	11:04
1.9	158.5	T-Junction	Bear left	To Jalan Pekeliling	11:04	11:04	11:04
3.1	157.3	Sign	Straight On	Sek Men Keb Setia Wangsa on the right	11:06	11:06	11:06
3.4	157.0	T-Junction	Turn Left	To Lebuhraya Kuala Lumpur-Gua Musang / Dir : Kuala Lumpur	11:07	11:07	11:07
6.6	153.8	Sign	Straight On	Petron on the left	11:13	11:13	11:13
8.2	152.2	Bridge	Straight On	Sungai Jaleh	11:16	11:16	11:16
8.6	151.8	Junction	Straight On	On the left	11:17	11:17	11:17
8.8	151.6	Sign	Straight On	Sek Keb Penjom on the left	11:18	11:18	11:18
9.0	151.4	Neutral Zone End	N 04°07.374 E 102°00.536	Blue Sign Benta/Penjom on the left	11:18	11:18	11:18
0.0	151.4	Race Start Proper	N 04°07.374 E 102°00.536	Blue Sign Benta/Penjom on the left	11:18	11:18	11:18
0.0	151.4	Junction	Straight On	On the left	11:18	11:18	11:18
2.1	149.3	Bridge	Straight On		11:21	11:21	11:21
3.7	147.7	Sign	Straight On	Kolej Vokasional Sultan Haji Ahmad Shah (SHAS) on the right	11:23	11:23	11:23
4.2	147.2	Junction	Straight On	Left to Kg Rengai	11:24	11:24	11:24
5.0	146.4	Junction	Straight On	On the left	11:25	11:25	11:25
8.5	142.9	Sign	Straight On	Stesen Penguatkuasaan Benta, JPJ Negeri Pahang on the right	11:29	11:30	11:30
9.1	142.3	Junction	Straight On	On the left	11:30	11:31	11:31
9.3	142.1	Junction	Straight On	On the right	11:30	11:31	11:32
14.1	137.3	Junction	Straight On	On the right	11:37	11:38	11:39
14.2	137.2	Sign	Straight On	Hentian Rehat Benta on the right	11:37	11:38	11:39
15.1	136.3	Roundabout	2nd Exit	Dir : Kuala Lumpur / Raub - Petronas Benta on the right	11:38	11:39	11:40
17.0	134.4	Junction	Straight On	Jalan Lama Benta-Lipis on the right	11:41	11:42	11:43
17.3	134.1	Sign	Straight On	Yellow Sign "Raub Bandar Durian Musang King" on the left	11:41	11:42	11:43

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					ESTIMATED TIME OF ARRIVAL (km/hrs)		
KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	45	43	41
17.5	133.9	Junction	Straight On	On the left	11:41	11:42	11:44
19.2	132.2	Bridge	Straight On	Sungai Sarli	11:44	11:45	11:46
20.4	131.0	Junction	Straight On	On the right	11:45	11:46	11:48
21.1	130.3	Junction	Straight On	Right to Jln Kuala Atok	11:46	11:47	11:49
23.9	127.5	Junction	Straight On	Right to Ulu Renggol	11:50	11:51	11:53
24.7	126.7	Junction	Straight On	Junction on the left	11:51	11:52	11:54
27.9	123.5	Sign	Straight On	Sek Keb Kuala Dong on the left	11:55	11:57	11:59
28.9	122.5	Junction	Straight On	Right to Gesing	11:57	11:58	12:00
30.0	121.4	DRINK START	Straight On		11:58	12:00	12:02
31.5	119.9	Junction	Straight On	Left to Temau	12:00	12:02	12:04
32.6	118.8	Sign	Straight On	White Sign "Kg Kuala Gali" on the left	12:01	12:03	12:06
33.2	118.2	Sign	Straight On	Hentian Rehat dan Rawat Dong on the left	12:02	12:04	12:07
33.7	117.7	Sign	Straight On	Sek Men Keb Dong on the left	12:03	12:05	12:07
34.0	117.4	Sign	Straight On	Klinik Kesihatan Dong on the left / Sek Keb Muhammad Jabar on the right	12:03	12:05	12:08
34.3	117.1	Sign	Straight On	Sek Men Agama Al-Uum Addiniah on the left	12:04	12:06	12:08
34.5	116.9	Sign	Straight On	White Sign "Dong" on the left	12:04	12:06	12:09
34.7	116.7	Splitter	Keep Left	Balai Polis Dong otl	12:04	12:06	12:09
34.8	116.6	Junction	Straight On	Junction on the left	12:04	12:07	12:09
35.0	116.4	Bridge	Straight On	Sungai Dong	12:05	12:07	12:09
36.0	115.4	Sign	Straight On	White Sign "Kg Lepar" on the left	12:06	12:08	12:11
37.9	113.5	Junction	Straight On	Junction on the right	12:09	12:11	12:14
38.1	113.3	Sign	Straight On	White Sign "Kg Gali Lurus" on the left	12:09	12:11	12:14
38.6	112.8	Sign	Straight On	Klinik Kesihatan Gali Hilir on the right	12:09	12:12	12:15
39.5	111.9	Bridge	Straight On		12:11	12:13	12:16
39.6	111.8	Junction	Straight On	Right to Kg Gali	12:11	12:13	12:16
39.8	111.6	Sign	Straight On	White Sign "Kg Gali Tengah" on the left	12:11	12:14	12:16
40.5	110.9	Sign	Straight On	Sek Men Keb Gali on the right	12:12	12:14	12:17
42.3	109.1	Sign	Straight On	Sek Men Sains Tengku Abdullah on the left	12:14	12:17	12:20
42.7	108.7	Junction	Straight On	Left to Temerloh	12:15	12:18	12:21
46.6	104.8	Bridge / Sign	Straight On	Petronas on the left / BHP on the right	12:20	12:23	12:26
46.8	104.6	Junction	Straight On	On the right	12:20	12:23	12:27
47.4	104.0	Bridge	Straight On		12:21	12:24	12:28
47.5	103.9	Traffic Light Junction	Straight On	Pusat Perniagaan Kereta Raub on the left	12:21	12:24	12:28

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					ESTIMATED TIME OF ARRIVAL (km/hrs)		
KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	45	43	41
48.2	103.2	SPRINT 1 - RAUB	Straight On	BHP Sign Pole on the left N 03°47.804 E 101°51.671	12:22	12:25	12:29
48.3	103.1	Sign	Straight On	Caltex on the right	12:22	12:25	12:29
48.4	103.0	Sign	Straight On	Sek Keb Bandar Raub on the left	12:23	12:26	12:29
48.5	102.9	Splitter	Straight On		12:23	12:26	12:29
48.7	102.7	Speed Hump	Straight On	Caution !!!!!	12:23	12:26	12:29
48.8	102.6	Junction	Straight On	On the right	12:23	12:26	12:30
49.2	102.2	Sign	Straight On	Ibu Pejabat Polis Daerah Raub on the right	12:24	12:27	12:30
49.4	102.0	Sign	Straight On	Sek Men Keb Mahmud on the left	12:24	12:27	12:30
49.8	101.6	Junction	Straight On	On the right	12:24	12:27	12:31
51.4	100.0	Sign	Straight On	BHP on the left	12:27	12:30	12:33
51.7	99.7	Sign	Straight On	BHP on the right	12:27	12:30	12:34
52.1	99.3	Junction	Straight On	Left to Felda Krau	12:27	12:31	12:34
52.4	99.0	Junction	Straight On	Right to Bukit Fraser	12:28	12:31	12:35
52.5	98.9	Sign	Straight On	Sek Keb Raub Indah on the left	12:28	12:31	12:35
52.7	98.7	Bridge	Straight On		12:28	12:32	12:35
60.0	91.4	WASTE ZONE 1 START	Straight On		12:38	12:42	12:46
60.5	90.9	WASTE ZONE 1 END / FEEDING ZONE START	Straight On	Blue Sign "Sempadan Daerah Bentong" on the left	12:39	12:42	12:47
61.5	89.9	FEEDING ZONE END / WASTE ZONE 2 START	Straight On		12:40	12:44	12:48
62.5	88.9	WASTE ZONE 2 END	Straight On		12:41	12:45	12:50
65.2	86.2	Junction	Straight On	Left to Lurah Bilut	12:45	12:49	12:54
67.7	83.7	Sign	Straight On	White Sign "Kg Asap" on the left	12:48	12:52	12:57
69.7	81.7	Junction	Straight On	Left to Mempaga	12:51	12:55	13:00
72.2	79.2	KOM 1 - BENTONG - Cat 4, 226m	Straight On	TNB Pole LR BLT LAP 75 on the left / N 03°35.940 E 101°54.144	12:54	12:59	13:04
74.8	76.6	Junction	Straight On	Right to Bukit Fraser	12:58	13:02	13:08
75.7	75.7	Junction	Straight On	On the right	12:59	13:04	13:09
77.5	73.9	Sign	Straight On	Sign "One Bentong" on the left	13:01	13:06	13:12
77.9	73.5	Junction	Straight On	On the right	13:02	13:07	13:12
79.1	72.3	Junction	Straight On	On the right	13:03	13:08	13:14
79.7	71.7	Sign	Straight On	Klinik Kesihatan Bentong on the left	13:04	13:09	13:15
79.9	71.5	Sign	Straight On	Petronas on the right	13:05	13:09	13:15

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					ESTIMATED TIME OF ARRIVAL (km/hrs)		
KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	45	43	41
80.5	70.9	Junction	Straight On	On the right	13:05	13:10	13:16
80.7	70.7	Bridge	Straight On	Sungai Dilam	13:06	13:11	13:16
80.8	70.6	Junction	Straight On	On the right	13:06	13:11	13:17
81.0	70.4	Sign	Straight On	Sek Jenis Keb (C) Khai Mun, Repas on the right	13:06	13:11	13:17
81.1	70.3	SPRINT 2 - BENTONG	Straight On	Pertubuhan Peladang Kawasan Bentong on the left / Dataran Bentong on the right N 03°31.690 E 101°54.326	13:06	13:11	13:17
81.6	69.8	Speed Hump	Straight On	Caution !!!!!	13:07	13:12	13:18
81.8	69.6	Speed Hump	Straight On	Caution !!!!!	13:07	13:12	13:18
81.9	69.5	Fork Junction	Keep Left		13:07	13:12	13:18
82.1	69.3	Sign	Straight On	Petron / Shell on the left	13:07	13:13	13:18
82.3	69.1	Sign	Straight On	Balai Bomba dan Penyelamat Bentong on the left	13:08	13:13	13:19
82.5	68.9	Splitter	Straight On		13:08	13:13	13:19
82.7	68.7	Bridge	Straight On		13:08	13:13	13:19
83.2	68.2	Traffic Light Junction	Straight On	Persimpangan Sungai Merong	13:09	13:14	13:20
83.7	67.7	Sign	Straight On	Petronas on the right	13:10	13:15	13:21
84.0	67.4	Traffic Light Junction	Cut Right / Turn Right	Shell on the right	13:10	13:15	13:21
84.3	67.1	Bridge	Straight On		13:10	13:16	13:22
84.5	66.9	Sign	Straight On	Sek Men Keb Ketari on the left	13:11	13:16	13:22
84.8	66.6	Sign	Straight On	Sek Men Keb Sulaiman on the left	13:11	13:16	13:22
87.1	64.3	Sign	Straight On	Kolej Vokasional Tengku Ampuan Afzan on the right	13:14	13:20	13:26
88.3	63.1	Junction	Straight On	Left Exit to Karak Highway	13:16	13:21	13:28
93.2	58.2	Bridge	Straight On		13:22	13:28	13:35
95.7	55.7	Narrow Bridge	Straight On	Caution !!!	13:26	13:32	13:38
96.3	55.1	Bridge	Straight On		13:26	13:32	13:39
98.5	52.9	Sign	Straight On	eRya by Suria Hot Spring Bentong	13:29	13:35	13:42
100.1	51.3	Sign	Straight On	Pondok Waris on the left	13:31	13:38	13:45
107.8	43.6	Bridge	Straight On		13:42	13:48	13:56
108.2	43.2	Sign	Straight On	Sek Men Keb Bukit Tinggi on the left	13:42	13:49	13:57
108.9	42.5	Fork Junction	Bear left		13:43	13:50	13:58
112.6	38.8	Junction	Straight On	Sign "Kg Janda Baik on the left"	13:48	13:55	14:03
112.8	38.6	Bridge	Straight On		13:48	13:55	14:03
114.9	36.5	Junction	Straight On	On the right	13:51	13:58	14:07

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					ESTIMATED TIME OF ARRIVAL (km/hrs)		
KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	45	43	41
116.9	34.5	KOM 2 - GENTING SEMPAH - Cat 2, 546m	Straight On	TNB Pole ANIH BERHAD FP : 13 SL/8 on the left N 03°2.097 E 101°47522	13:54	14:01	14:09
117.2	34.2	Roundabout	1st Exit	To Jalan Gombak	13:54	14:01	14:10
117.5	33.9	Fork Junction	Bear Left		13:55	14:02	14:10
118.3	33.1	Fork Junction	Bear Left		13:56	14:03	14:12
118.5	32.9	T-Junction	Turn Left		13:56	14:03	14:12
120.0	31.4	Bridge	Straight On		13:58	14:05	14:14
124.2	27.2	Sharp Bend	Bear Left	Caution !!!	14:04	14:11	14:20
126.1	25.3	Bridge	Straight On		14:06	14:14	14:23
126.2	25.2	Bridge	Straight On		14:06	14:14	14:23
128.0	23.4	Sign	Straight On	Batu 16 Art Village on the right	14:09	14:17	14:26
131.9	19.5	Bridge	Straight On		14:14	14:22	14:31
132.1	19.3	Junction	Straight On	On the left	14:14	14:22	14:32
133.8	17.6	Bridge	Straight On		14:16	14:25	14:34
134.8	16.6	Sign	Straight On	Hospital Orang Asli Gombak on the right	14:18	14:26	14:36
135.3	16.1	Sign	Straight On	SKEM Driving Academy sb on the left	14:18	14:27	14:36
138.5	12.9	Junction	Straight On	On the left	14:23	14:31	14:41
140.1	11.3	Bridge	Straight On		14:25	14:33	14:43
140.2	11.2	Sign	Straight On	Klinik Kesihatan Batu 8 on the left	14:25	14:34	14:44
140.3	11.1	Splitter	Keep Left		14:25	14:34	14:44
140.4	11.0	Traffic Light Junction	Straight On		14:25	14:34	14:44
140.9	10.5	WASTE ZONE 1 START	Straight On		14:26	14:35	14:45
141.4	10.0	WASTE ZONE 1 END / DRINK FINISH	Straight On		14:27	14:35	14:45
141.9	9.5	Sign	Straight On	Sek Keb Gombak Utara on the left	14:27	14:36	14:46
141.9	9.5	SPRINT 3 - GOMBAK	Straight On	"Blue Sign "Batu Caves / Gombak / Kuala Lumpur" on the left / N 03°14.317 E 101°42.855"	14:27	14:36	14:46
142.0	9.4	Junction	Straight On	On the left	14:27	14:36	14:46
142.2	9.2	Fork Junction	Keep Right		14:28	14:36	14:47
142.7	8.7	Traffic Light Junction	Straight On	Masjid Al-Shariff Simpang 3 Gombak on the right	14:28	14:37	14:47
143.9	7.5	Traffic Light Junction	Straight On		14:30	14:39	14:49
144.3	7.1	Traffic Light Junction	Straight On	Balai Polis Gombak on the left	14:30	14:39	14:50
144.5	6.9	Sign	Straight On	Petronas Batu 6 Jalan Gombak on the left	14:31	14:40	14:50
144.9	6.5	Traffic Light Junction	Turn Left	To Jalan Taman Ibu Kota	14:31	14:40	14:51

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					ESTIMATED TIME OF ARRIVAL (km/hrs)		
KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	45	43	41
145.0	6.4	Traffic Light Junction	Straight On	BHP on the right	14:31	14:40	14:51
145.2	6.2	Traffic Light Junction	Straight On	Traffic Light Junction	14:32	14:41	14:51
145.6	5.8	Traffic Light Junction	Straight On	Pasaraya Segar Makassar Fresh Market on the left / Speed Hump - Caution !!!	14:32	14:41	14:52
145.7	5.7	Traffic Light Junction	Straight On	Traffic Light Junction	14:32	14:41	14:52
145.9	5.5	Traffic Light Junction	Straight On	Restoran Siti Zubaidah on the left	14:33	14:42	14:52
145.9	5.5	Traffic Light Junction	Straight On	Pusat Servis Kereta on the left	14:33	14:42	14:52
146.4	5.0	Traffic Light Junction	Straight On	Klinik Pergigian on the left	14:33	14:42	14:53
147.0	4.4	Traffic Light Junction	Straight On	Sri Utama School on the right	14:34	14:43	14:54
147.2	4.2	Traffic Light Junction	Turn Left	Traffic Light Junction	14:34	14:43	14:54
147.6	3.8	Traffic Light Junction	Straight On	Traffic Light Junction	14:35	14:44	14:54
147.8	3.6	Speed Hump	Straight On	Caution !!!	14:35	14:44	14:55
147.9	3.5	Sign	Straight On	Sek Men Keb Zon R1 Wangsa Maju on the left	14:35	14:44	14:55
148.1	3.3	Traffic Light Junction	Straight On	AEON on the left	14:35	14:45	14:55
148.3	3.1	Traffic Light Junction	Straight On	Dir. : Wangsa Melawati / Ulu Klang	14:36	14:45	14:56
148.4	3.0	Traffic Light Junction	Turn Right	Traffic Light Junction	14:36	14:45	14:56
149.0	2.4	Traffic Light Junction	Straight On	Left to Stesyen LRT Sri Rampai	14:37	14:46	14:57
149.2	2.2	Fork Junction	Bear left		14:37	14:46	14:57
149.6	1.8	Fork Junction	Keep Left	Zetro on the right	14:37	14:47	14:57
149.8	1.6	Traffic Light Junction	Straight On	Traffic Light Junction	14:38	14:47	14:58
150.2	1.2	Sign	Straight On	Shell on the left	14:38	14:48	14:58
150.3	1.1	Traffic Light Junction	Straight On	Affin Bank on the left / Sek Men Keb Seksyen 5 Wangsa Maju on the right	14:38	14:48	14:58
150.4	1.0	Speed Hump	Straight On	Caution !!!	14:39	14:48	14:59
150.5	0.9	Traffic Light Junction	Turn Left		14:39	14:48	14:59
151.0	0.4	Traffic Light Junction	Bear left	2nd Left Junction	14:39	14:49	14:59
151.2	0.2	Traffic Light Junction	Straight On		14:40	14:49	15:00
151.4	0.0	Race Finish		N 03°11.952 E 101°44.488 Wangsa Maju (Wangsa Walk on the left)	14:40	14:49	15:00

TIME TABLE

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Kuala Lipis - Setiawangsa | 151.4km

START TIME TABLE

Start Location :

Jalan Utama Keca, Dataran Lipis

Time	Activities
0630hrs	VPP in Operation Race Facilities Crew On Site Race Security On Site Road Closure at Start Area
0800hrs	PA System On
0900hrs	Race Officials On Site
0930hrs	Cavalcade Assembles
0945hrs	Guests Arrival
1000hrs	Teams arrival Riders Signing On
1015hrs	VVIPs Arrival Host Venue Presentation
1030hrs	Cavalcade Departs
1045hrs	Riders Signing On Closes
1050hrs	Advance Vehicles Depart Winner Presentation
1055hrs	Riders Assemble at Start Line
1100hrs	Tour of Peninsular Flag-Off
1115hrs	VVIPs Depart
1130hrs	De-Rig Commence
1330hrs	Road Re-Opens

FINISH TIME TABLE

Finish Location :

Wangsa Walk Mall, Setiawangsa

Time	Activities
0600hrs	Race facilities crew on site Road closure at finish area
0700hrs	Race security on site Race officials on site
0800hrs	PA system on
0900hrs	Side Events starts
1345hrs	Invitees arrival
1420hrs	VIPs arrival
1435hrs	Advance vehicles arrival
1449hrs	Tour of Peninsular arrives
1505hrs	Presentation of leader's jersey
1525hrs	VIPs depart
1545hr	De-rig commences
1700hrs	Roads reopens

Kuala Lipis

START LOCATION MAP



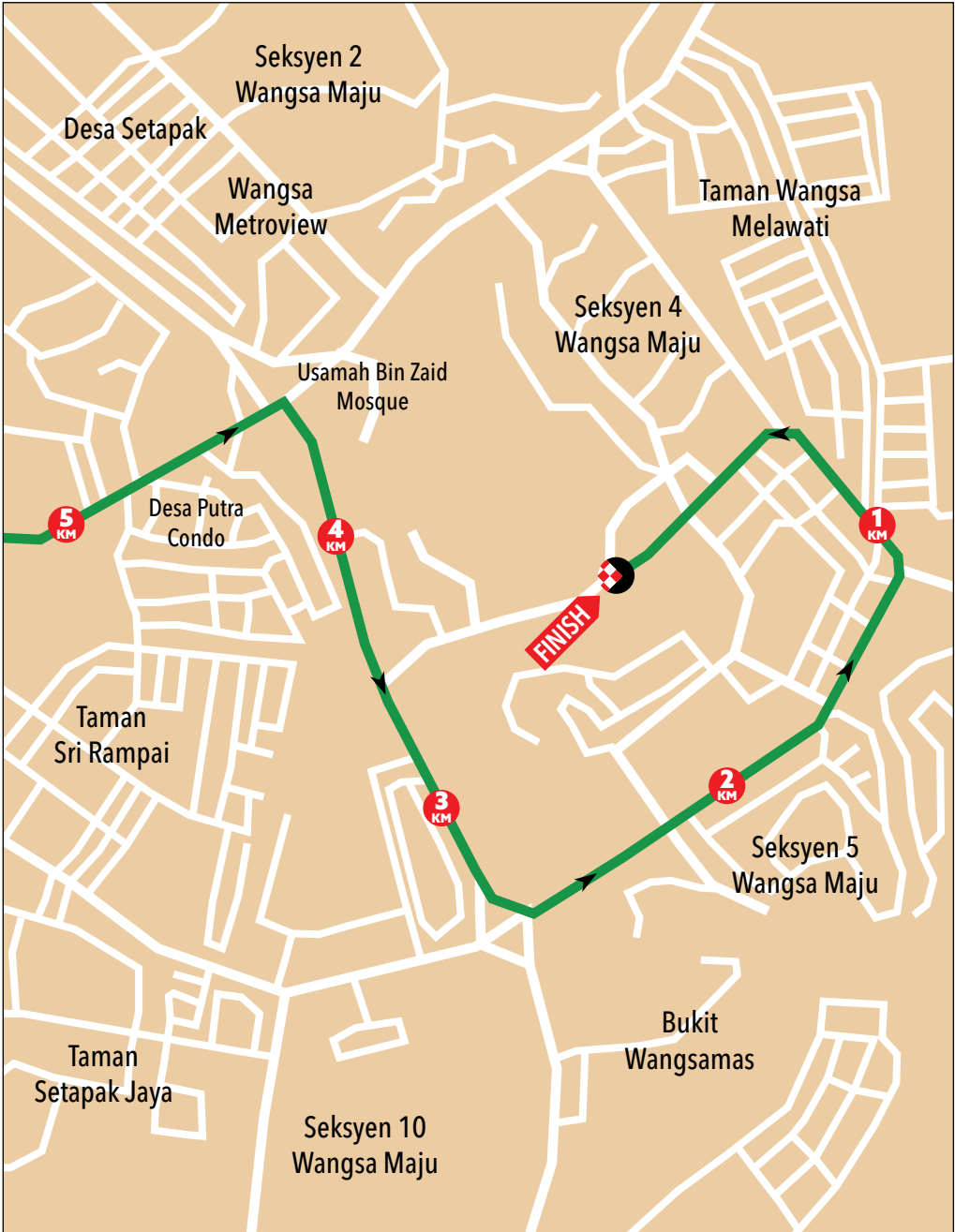
START LAYOUT MAP

Jalan Utama Keca, Dataran Lipis



Setiawangsa

FINISH LOCATION MAP



FINISH LAYOUT MAP

Wangsa Walk Mall, Setiawangsa

